



FOODS LIMITED

NEW ZEALAND GROWN : GROWING NEW ZEALAND

Product Range



Fresh to Order - Samples available



COLESLAW 2.5kg & 5kg

Shredded Cabbage and carrot mix.
Separate bag of Coleslaw Dressing



HEALTHY OPTIONS SLAW 1kg

Mix of sliced red and green cabbage,
finely shredded carrot, diced red onion,
with a separate bag of slimmers dressing



TANGY COLESLAW 2kg

Chipped cabbage and chipped carrot
mixed in a tangy coleslaw dressing.



GOURMET SLAW 1kg

Shredded Green and Red Cabbage, Julienne
Carrot in a Sweet and Sharp Dressing
Dressing in a sachet inside bag.

All mixed ready to serve



POTATO SALAD 1kg & 2.5kg

Diced potato and carrot with onion mixed in a traditional mayonnaise potato salad dressing



MUSTARD POTATO 1kg

Sliced gourmet potatoes, mixed with parsley in a creamy mustard dressing



POTATO & SOUR CREAM 1kg

Sliced chunky-cut gourmet potato, onion and parsley combined in a delicious sour cream dressing.



EGG & POTATO SALAD 1kg

Diced potato and egg blended with onion and parsley in a mild curry dressing



EGG & CELERY SALAD 1kg

A mix of chunky eggs and celery in a deliciously based creamy egg dressing



ITALIAN PASTA SALAD 1kg

Spiral pasta, celery, chorizo and red capsicum mixed in a bean/paprika flavorful dressing



UPBEET SALAD 1kg

Diced beetroot, shredded carrot combined in a tasty plum/peppercorn vinaigrette



MOROCCAN CARROT SALAD 1kg

Diced and sliced carrot, sliced celery and diced onion mixed with sunflower seeds in a paprika dressing.



BEAN SALAD 1kg

A delicious and healthy mix of red kidney beans, cannellini beans and big butter beans with red onion and celery in tangy vinaigrette.



TABOULEH SALAD 1kg

Giant couscous, spring onion, tomato and parsley with mint, olive oil and lemon dressing



SUMMER CHICKPEA 1kg

Chickpeas, diced red capsicums, soya beans, lentils, cranberries coated in a lemon, ginger & chilli dressing.



KUMARA & BACON 1kg

Roasted red kumara (skins on), sliced spring onion, julienne red capsicums with roasted bacon coated in a sweet red wine vinaigrette with a mixed leaf as a component to be tossed through.



CHICKEN CAESAR PENNE 1kg

Penne Pasta, roasted shredded chicken, roasted bacon, spring onions & parmesan cheese in a Traditional Caesar Dressing



GREEK SALAD 1kg

Diced red & green capsicum, diced red onion, olives, diced cucumber, cherry tomatoes and feta cheese with a Greek Dressing
Cucumber, cherry tomatoes and feta cheese bagged separate-to be mixed through salad.



AIOLI POTATO & BACON 1kg

Gourmet sliced steam roasted potatoes, roasted diced red onion and bacon mixed in an Aioli & Sour Cream Dressing.



HAWAIIAN TWIST 1kg

Spiral pasta, pineapple pieces, roasted bacon, tasty cheese, minced parsley and red peppers coated in a Sweet Tropical Dressing.



BROWN RICE & CASHEWS 1kg

Brown Rice with spring onions, capsicum, raisins, sunflower seeds and cashew nuts mixed in a ginger/soy dressing.
Cashew nuts bagged separately.



BROCCOLI, CAULI & MANGO WITH CASHEWS 1kg

Raw broccoli and cauliflower florets, dried mango's and cashews coated in a mild curry dressing.
Mango's and cashew nuts bagged separately.

Heat n Eat Range





SCALLOPED POTATO BAKE 1kg

Great Heated - can be eaten cold

Chunky sliced gourmet potatoes with pieces of kumara and sliced onion with grated cheese and coated in a creamy sauce.



PUMPKIN FETA PENNE 1kg

Great Heated - can be eaten cold

Penne pasta, diced pumpkin, feta and baby spinach in a delicious rich tomato sauce.



HOLLANDAISE BACON SUPREME 1kg

Great Heated - can be eaten cold

Sliced gourmet potatoes, diced egg, roasted diced bacon, spring onion coated in a rich hollandaise sauce

Currently De-ranged



VEGETABLE MEDLEY 1kg

Great Heated - can be eaten cold

Florets of broccoli & cauliflower mixed with carrot and roasted red onion, coated in a cheese & sour cream seasoned sauce.

Serving suggestions— shown garnished with breadcrumbs



TUSCAN ROASTED VEGETABLES 1kg

Great Heated - can be eaten cold

Steamed Pumpkin, roasted kumara, carrot, capsicum, red onion and broccoli coated in a Tuscan Mayonnaise

New Summer Salad



LOADED POTATO 1kg

Great Heated - can be eaten cold

Roasted bacon, tasty cheese, spring onion and diced red onion coated in a sour cream and paprika dressing

READY TO ROAST VEGETABLES



PREPARED ROAST VEGETABLES PORTIONS

2.5 KG bags of each

Bagged portions of

Kumara, Pumpkin and Potatoes

Ready to be roasted to accompany any meal

Bag Range



COUNTRY CHOICE COLESLAW 500G

400G Crunchy shredded cabbage & carrot and
100g sachet of Country Choice Dressing – YUM!!

Speirs Foods Contact Details:

Ph: 0800 366 3246

4 Lower High St

Marton 4710